

MASTER LANTOS

Golden Matrix Technique

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Begin with the Super Cells

- Hold the Super Water Cell in your left hand
- Hold the Super Star Cell in your right hand
- If possible, sit within the Circle of Wheels, above a Chamber of Eternal Light and beneath a Great Seal of Genesis
- Sit for 5 minutes

Next, use the Pendant of Eternal Light and Golden BioTrinity

- Hold the Pendant of Eternal Light in your left hand
- Hold the Golden BioTrinity in your right hand
- Sit for 5 minutes

This Technique may be done before any other Techniques, including the Pearl of Knowledge Technique.

If you do not have a Golden BioTrinity, you may do your Personal Pathway(Nectar of Life) Technique for the second step.